

# Original Story Of Sleeping Beauty

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## THE TRUE ORIGINS OF A CLASSIC FAIRY TALE

Few fairy tales have captured the collective imagination quite like the story of a princess who falls into an enchanted slumber, only to be awakened by true love’s kiss. For generations, audiences have been charmed by the Disney adaptation, with its benevolent fairies, a fearsome dragon, and a happily-ever-after ending. However, the **original story of Sleeping Beauty** is far more complex, darker, and rooted in centuries of folklore and literary tradition. Understanding these early versions reveals a narrative that was as much about survival, power, and the harsh realities of the past as it was about romance and destiny.

This article will take you on a journey through the hidden history of one of the world’s most beloved tales. We will explore the earliest known manuscripts, the key contributors who shaped the narrative, and the profound differences between the **original story of Sleeping Beauty** and the sanitized versions we know today. From tales of non-consensual encounters to cannibalistic queens, the original narrative is a testament to how folklore evolves to reflect the anxieties and values of its time. By the end, you will have a newfound appreciation for the depth and darkness that lies beneath the surface of this classic fable.

## THE EARLIEST KNOWN VERSION: PERCEFOREST

While many attribute the story to Charles Perrault or the Brothers Grimm, the **original story of Sleeping Beauty** can be traced back to a much older source: a medieval French romance known as *Perceforest*, written around 1330. This sprawling Arthurian-style epic contains a tale called "Troylus and Zellandine," which features many of the core elements we now associate with Sleeping Beauty. In this version, the heroine Zellandine falls into a deep sleep after being pricked by a flax fiber. She is discovered by a knight named Troylus, who, rather than kissing her, rapes her while she is unconscious. During this encounter, she becomes pregnant. Later, a child is born from her body, and the child suckles a splinter of flax from her finger, awakening her. This raw and unsettling narrative reflects the harsh legal and social realities of medieval times, where a woman's body could be treated as a passive entity and "awakening" often came with severe consequences.

The *Perceforest* version is crucial because it establishes the core metaphor of sleep as a form of suspended animation tied to female sexuality and agency. It also introduces the concept of a child being the mechanism for awakening, a motif that will reappear in later adaptations. This earliest known example of the **original story of Sleeping Beauty** is devoid of romance and instead serves as a cautionary tale about the dangers of spinning, the fragility of a woman's reputation, and the unpredictable nature of fate.

## GIAMBATTISTA BASILE’S SUN, MOON, AND TALIA

The next major milestone in the evolution of the **original story of Sleeping Beauty** comes from the Italian writer Giambattista Basile. His collection of fairy tales, *Il Pentamerone* (published posthumously in 1634), includes a story called *Sun, Moon, and Talia*. This version is perhaps the most famous and most controversial precursor to the modern tale. In Basile’s story, a king prophesies that his daughter, Talia, will be pricked by a splinter of flax. Despite his best efforts to remove all flax from the castle, Talia eventually encounters a spindle and falls into a deep sleep. The king, unable to bear the thought of her death, places her on a velvet throne in a secluded mansion.

Years later, a huntsman finds Talia and, like Troylus before him, is overcome by her beauty. He rapes her and returns to his kingdom. While in her comatose state, Talia gives birth to two children, Sun and Moon. The children are taken by a fairy and placed with a nurse. When the huntsman returns, his wife, the queen, discovers the children and orders them to be killed and fed to the huntsman. The cook hides the children and serves the queen goat meat instead. The queen then attempts to burn Talia alive, but the huntsman arrives in time to save her. He has the queen executed, marries Talia, and they live happily ever after.

Basile’s tale is a masterpiece of Baroque literature, filled with violence, revenge, and a chilling lack of romantic consent. The princess’s awakening is not brought about by a kiss but by the removal of the flax splinter by one of her children. This version emphasizes themes of fate, betrayal, and the resilience of the human spirit. The inclusion of the jealous queen’s cannibalistic plot adds a layer of horror that is entirely absent from modern retellings. The **original story of Sleeping Beauty** in Basile’s hands is a gothic thriller, not a fairy-tale romance.

## Key Elements of Basile’s Version

- **Non-consensual awakening:** The princess is not kissed; she is violated while unconscious.
- **Pregnancy and birth:** The princess gives birth to twins while still asleep, a biological impossibility that adds a surreal, mythical quality to the tale.
- **Cannibalism and revenge:** The queen’s plot to kill and serve the children to her husband is a classic folktale motif of female jealousy and male ignorance.
- **Justice and execution:** The story ends with the queen being burned at the stake, a brutal ending that reflects the era’s punitive justice

system.

## CHARLES PERRAULT’S THE SLEEPING BEAUTY IN THE WOOD

When Charles Perrault published *The Sleeping Beauty in the Wood* in 1697 as part of his collection *Histoires ou contes du temps passé*, he made significant changes that would shape the story for centuries. Perrault was writing for the sophisticated court of Louis XIV, and his version reflects the values of the French aristocracy: politeness, morality, and a clear distinction between good and evil. In Perrault’s version, the **original story of Sleeping Beauty** becomes a cautionary tale about the dangers of disobedience, as the princess is forbidden to touch a spindle. An old fairy (who is actually a wicked fairy in disguise) hides in the castle tower, and the princess pricks her finger, falling into a hundred-year sleep.

Perrault introduced several iconic features that are now synonymous with the tale:

- **The twelve good fairies:** Each fairy bestows a gift on the princess, but an older, forgotten fairy curses her to die from a spindle prick. Another fairy modifies the curse so she will only sleep.
- **The prince’s kiss:** The prince, upon finding the sleeping princess, is overcome by her beauty and kisses her. She awakens, and they fall in love instantly.
- **The second part of the story:** Perrault did not end with the wedding. He added a second part where the prince’s mother, an ogress, attempts to eat her grandchildren and the princess. This part is often omitted in modern adaptations.

Perrault’s version is notable for its emphasis on courtly love, the power of destiny, and the triumph of goodness. The prince is a noble, respectful figure who awakens the princess with a kiss, transforming the earlier violent encounter into a moment of romantic agency. However, the inclusion of the ogress mother-in-law retains the darker elements of the **original story of Sleeping Beauty**, showing that even in the most refined retelling, danger lurks within the family. Perrault’s version was widely circulated and served as the primary source for later adaptations, including the Brothers Grimm’s *Little Briar Rose*.

## Perrault’s Contributions to the Fairy Tale Genre

Perrault is often considered the father of the literary fairy tale. His versions of stories like Cinderella, Puss in Boots, and Sleeping Beauty were not just for children but were intended for the amusement and moral instruction of adults. He added a moral at the end of each tale, often in verse, that summarized the lesson. For Sleeping Beauty, the moral warns against waiting too long for a husband and emphasizes the importance of patience and virtue. This moral framework is a significant shift from the earlier, more fatalistic versions of the **original story of Sleeping Beauty**.

## THE BROTHERS GRIMM AND LITTLE BRIAR ROSE

The final major literary version of the **original story of Sleeping Beauty** was published by the Brothers Grimm in their 1812 collection *Children’s and Household Tales*. Titled *Little Briar Rose*, their version is a direct adaptation of Perrault’s, but with significant simplifications. The Grimms were interested in preserving German folklore and creating stories that were suitable for children. As a result, they removed the second part of Perrault’s tale involving the ogress and the attempted cannibalism. They also eliminated the element of rape, focusing instead on the prophecy, the sleep, and the awakening by a kiss.

In the Grimm version, a queen gives birth to a daughter, and twelve wise women are invited to the feast. The thirteenth, uninvited wise woman curses the princess to die from a spindle prick. The twelfth wise woman modifies the curse to a hundred-year sleep. The princess, now called Briar Rose, grows up and, on her fifteenth birthday, finds an old woman spinning in a tower. She pricks her finger and falls asleep, with the entire castle following suit. A thick briar hedge grows around the castle. After a hundred years, a prince arrives, the hedge parts for him, he finds Briar Rose, and he kisses her, awakening her and the entire court. They marry and live happily ever after.

## Key Differences in the Grimm Version

- **Simplified plot:** No pregnancy, no attempted cannibalism, and no second half of the story.
- **Emphasis on fate:** The curse is seen as an inescapable destiny that must be fulfilled.
- **Romantic awakening:** The kiss is the sole mechanism for awakening, reinforcing the idea of true love’s power.
- **Nature’s role:** The briar hedge is a natural barrier that only parts for the right prince, symbolizing the purity of his heart.

The Grimm version has become the definitive template for the **original story of Sleeping Beauty** in the popular imagination, largely because of its streamlined narrative and clear moral framework. It removes the complexities and moral ambiguities of earlier versions, presenting a straightforward tale of good triumphing over evil through love and courage.

### THEMATIC ANALYSIS: WHAT THE ORIGINAL STORY REVEALS

Examining the **original story of Sleeping Beauty** across its various iterations reveals a fascinating evolution of themes. In the earliest versions, the story is fundamentally about female vulnerability and the consequences of male desire. The sleeping princess is a passive object, acted upon by men and fate alike. Her body is a site of violation, birth, and eventual revenge. This reflects a worldview where women had little agency over their lives and were often subject to the whims of men and the demands of reproduction.

With Perrault and the Grimms, the story shifts toward a more romantic and spiritual interpretation. Sleep becomes a metaphor for spiritual dormancy

or waiting for the right partner. The kiss symbolizes the awakening of true love, a moment of mutual recognition and emotional connection. The curse is no longer a punishment for disobedience but a test of virtue and patience. The princess is no longer a victim but a potential partner, waiting for her fate to unfold.

The recurring motif of spinning and flax is also significant. In medieval and early modern Europe, spinning was associated with women's domestic labor and, by extension, their sexuality. The spindle is a phallic symbol, and the act of pricking the finger is a metaphor for defloration or the onset of menstruation. The **original story of Sleeping Beauty** is therefore deeply connected to female biology and the transition from childhood to adulthood. The sleep represents a period of incubation, a pause before the responsibilities of marriage and motherhood.